# GSC CALENDAR OF ACTIVITY - MARCH 2008

| Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|
| *3*<br>8:30a Pinochle 9a Harmonicats<br>10a Exercise<br>11a Bridge<br>2p Poetry<br>3:30p Café Club<br>4p Well Spouse | *4*<br>9a Tax Prep<br>9a Nurse<br>9a Tai Chi II<br>10a Walking Club<br>10a Comp Basics I<br>10:15a Tai Chi I<br>1p Open Studio | *5*<br>9a Chair Massage<br>10a Exercise<br>10:30a Depression<br>1p Watercolor<br>1p Mah Jongg<br>1p Drawing Group | *6*<br>9a Tai Chi II<br>10a Comp Basics I<br>10:15a Tai Chi I<br>11a Balance<br>12p Dinner Club<br>1p Open Studio<br>1:15p Write Life<br>2:30p Yoga | *7*<br>9a Massages<br>9a G-Notes<br>10a Exercise<br>12:30p SAM Trip<br>1p Computer Help<br>1p Movie Club: | *8* |
| *10*<br>8:30a Pinochle 9a Harmonicats<br>10a Hand/Foot Treatments<br>10a Exercise<br>11a Bridge<br>2p Poetry<br>3:30p Café Club | *11*<br>9a Tax Prep<br>9a Men's Club<br>9a Tai Chi II<br>10a Comp Basics II<br>10a Walking Club<br>10:15a Tai Chi I<br>1p Discussion Grp<br>1p Haircuts<br>1p Open Studio<br>1p Parkinson Carers<br>5:30p Aging Parnts | *12*<br>9a Chair Massage<br>10a Exercise<br>11a Alive & Learn<br>1p Financial Plan<br>1p Watercolor<br>11:30 City Hope<br>1p Mah Jongg<br>1p Drawing Group<br>. | *13*<br>9:30a 55 Alive<br>9a Tai Chi II<br>10a Comp Basics II<br>10:15a Tai Chi I<br>11a Balance<br>1p Open Studio<br>1:15p Write Life<br>2:30p Yoga | *14*<br>9a G-Notes<br>9a Foot Care<br>9:30a 55 Alive<br>10a Exercise<br>1p Computer Help<br>1:30p Cooking Demo | *15*<br><br><br><br><br>*16* |
| *17*<br>8:30a Pinochle<br>9a Harmonicats<br>9a Foot Care<br>10a Exercise<br>11a Bridge<br>2p Poetry<br>3:30p Café Club | *18*<br>9a Tax Prep<br>10a Comp Basics II<br>10a Walking Club<br>10a Matter of Balance<br>1p Open Studio<br>1p S.A.G.E. Education Day | *19*<br>9a Chair Massage<br>10a Exercise<br>1p Watercolor<br>1p Mah Jongg<br>1p Drawing Group | *20*<br>10a Comp Basics II<br>11a Balance<br>1p Book Discussion<br>1p Open Studio<br>1p Legal Assistnce<br>1p Beer Brewing<br>2:30p Yoga<br>. | *21*<br>9a Massages<br>9a G-Notes<br>10a Exercise<br>1p Computer Help<br>1p Movie Club: | *22* |
| *24/31*<br>8:30a Pinochle<br>9a Harmonicats<br>10a Hand/Foot Treatments<br>10a Exercise<br>11a Bridge<br>2p Poetry<br>3:30p Café Club | *25*<br>9a Tax Prep<br>9a Men's Club<br>10a Walking Club<br>10a Matter of Balance<br>10:30a Low Vision<br>1p Discussion Grp<br>1p Open Studio<br>1p S.A.G.E. Action Day | *26*<br>9a Chair Massage<br>10a Exercise<br>11a Alive & Learn<br>1p Mah Jongg<br>1p Watercolor<br>1p Drawing Group | *27*<br>9:30a 55 Alive<br>11a Balance<br>11:20a Shop Around<br>1p Open Studio<br>1p Science of Beer<br>2:30p Yoga | *28*<br>9a G-Notes<br>9a Foot Care<br>9:30a 55 Alive<br>10a Exercise<br>1p Computer Help<br>4:30p Spaghetti Dinner<br>7p Bingo | *29* |

*See www.greenwoodseniorcenter.org for the latest updates and more information!*